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# Synthesis and characterization of lithium calcium phosphate ceramics

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#### Abstract

The crystal structure, thermal, dielectrical, alternating current conductivity and microstructure properties of lithium calcium phosphate ceramics synthesized by the sol–gel method were investigated. The average crystallite size, crystallinity, activation energy and enthalpy of crystallization of  $Ca_{10}Li(PO_4)_7$  ceramics were determined. The X-ray diffraction (XRD) results indicated that the apatitic structure belonging to HAp was transformed fully to  $Ca_{10}Li(PO_4)_7$  phase with the addition of Li. The Avrami exponents of the samples suggest that the crystallization mechanism is based on the surface nucleation and one-dimensional growth. It was found that the alternating current conductivity mechanism of the ceramics is controlled by the hopping motion involving a translational motion with a sudden hopping. The dielectric constant of the samples shows a small increase with increasing amount of Li.

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Keywords: Sol-gel method; Calcium phosphates; Activation energy; Crystal structure

#### 1. Introduction

Ceramics used in biomedical applications are named as bioceramics and, they have been extremely used in the treatment of bones, joints and teeth as implant materials since they possess a lot of desirable properties such as chemical stability and non-toxicity [1–3]. Hydroxyapatite (HAp, Ca<sub>10</sub>(PO<sub>4</sub>)<sub>6</sub>(OH)<sub>2</sub>), with a composition similar to that of the mineral phase of bone and teeth, is one of the most known bioceramics, and its crystal system is hexagonal [4–9]. HAp is both biocompatible and bioactive, as well as osteoconductive [10-13]. Sol-gel, which is one of the most preferred methods, has been used to synthesize HAp with high product purity and low synthesis temperature [14–16]. Additionally, HAp is a dielectric material and can be used in the electrical systems. The electrical and dielectrical properties of HAp are an important scientific issue due to the possible applications of HAp material in the fabrication of biological sensors. Furthermore, the electromagnetic fields have been shown to accelerate healing in bone fractures [17].

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For this reason, electrical properties of HAp are very important research topic to determine physical properties, especially microstructures, because these measurements are both non-destructive and rapid [18,19].

The chemical, physical, microstructure and dielectrical properties of HAp have been improved with the addition of specific elements such as Mg, Zn, and Sr. Although Mg and Zn are most preferred and used elements as dopants for HAp, Li<sup>+</sup> ions are smaller than Mg<sup>2+</sup> and Zn<sup>2+</sup> and can pass through biological membranes and reach control sites. It is well known that lithium (Li), which is present in the human body in trace amounts, is an alkali metal and is known to be a bioelectric material [18,19]. Li, which is an inexpensive drug, has been used in hematology and psychiatry for the treatment of bipolar disorder. Moreover, the stimulating effects of Li (as lithium chloride and lithium carbonate) on proliferation of the human cells, such as thyroid and pancreatic beta cells, have been reported [20–25].

This work mainly focuses on the synthesis, structural characterization and measurements of calorimetric and physical properties of Li-containing calcium phosphate ceramic samples. The experimental results were compared with hydroxyapatite, since all the ceramic samples were synthesized using HAp (chemical formulae).

#### 2. Experimental

Lithium calcium phosphate ceramics, having the molar ratio (Ca+Li)/P equal to 1.67, were prepared with two various atomic ratios of lithium (10 and 20 at%) using the sol-gel method. The synthesis of lithium calcium phosphate ceramics was performed using Ca(NO<sub>3</sub>)<sub>2</sub>•4H<sub>2</sub>O, P<sub>2</sub>O<sub>5</sub> and LiNO<sub>3</sub> reagents dissolved in anhydrous ethanol. The chemicals were dissolved in ethanol for about 1 h. The prepared solutions with Ca and P were poured into a beaker, and were mixed for about 15 min. Then, Li-containing solution was dropped slowly into this mixture, and vigorously stirred for about 30 min. The obtained gel was shaken into a hot-water bath at 60 °C for 2 h, and was then dried in an oven at 120 °C for 15 h. The dried samples were sintered in an electric furnace at 900 °C for 1.5 h.

X-ray diffraction (XRD) data of the samples were collected on a Bruker D8 Advance Diffractometer using Ni-filtered Cu  $K\alpha$  radiation produced at 40~kV and 40~mA. Differential thermal analysis (DTA) measurements of the samples were performed by a Perkin-Elmer equipment at the heating rates of 5, 10, 15 and  $20~^{\circ}C~min^{-1}$  from ambient temperature to  $1000~^{\circ}C$ . The possible functional groups were detected by a Perkin-Elmer spectrophotometer in the mid-infrared region  $(4000-400~cm^{-1})$  using the KBr pellets. A 3532-50 LCR HiTESTER was used to measure the values of impedance and capacitance in the range of 10~kHz-1~MHz frequency regions. The microstructure of the samples was studied by a scanning electron microscope (LEO EVO 40VXT) operated at 20~kV acceleration voltage.

## 3. Results and discussion

The crystal structure of the Li including HAp samples was characterized by X-ray diffraction spectra and XRD results of the samples are given together with those of pure HAp published in previous work [17] in Fig. 1. The average

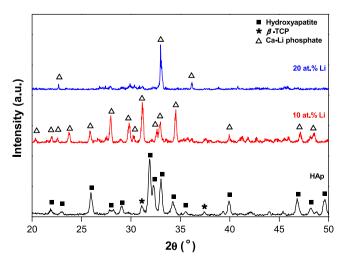


Fig. 1. XRD patterns of Ca-Li phosphate samples and hydroxyapatite.

crystallite size was calculated using the Debye-Scherrer equation [26]

$$D = \frac{0.9\lambda}{\beta_{1/2} cos\theta} \tag{1}$$

where  $\lambda$  is the wavelength of X-rays ( $\lambda$ =0.15406 nm for CuK $\alpha$  radiation),  $\beta_{1/2}$  is the full width at half maximum (FWHM) in radian and  $\theta$  is the diffraction angle.

The effective crystallite size  $(D_{WH})$  and micro-strain  $(\varepsilon)$  values were determined by the following Williamson–Hall equation [27]:

$$\frac{\beta_{1/2}cos\theta}{\lambda} = \frac{1}{D_{WH}} + \frac{\varepsilon sin\theta}{\lambda} \tag{2}$$

Furthermore, the crystalline phases in the XRD patterns of the samples were identified by means of JCPDS (Joint Committee on Powder Diffraction Standards) cards. The presence of crystalline lithium calcium phosphate ( $Ca_{10}Li$  ( $PO_4$ )<sub>7</sub>, PDF No. 45-0550) phase, with trigonal crystal structure, was obtained in both samples. XRD results of the samples are in perfect harmony with those of Song et al. [28].

XRD patterns of the samples changed with different Li contents. The magnitude of crystalline peaks in the XRD spectra of the samples decreased significantly with the increase of Li content from 10 at% to 20 at%. With the incorporation of Li into HAp,  $\beta\text{-TCP}$  and hydroxyapatite phases disappeared and a lithium calcium phosphate  $(Ca_{10}\text{Li}(PO_4)_7$  phase was formed with Li content.

The average crystallite size  $(D_{DS})$  was found to be 34 nm for 10 at% Li and 59 nm for 20 at% Li. Also, the effective crystallite size  $(D_{WH})$  was found to be 37 nm for 10 at% Li and 55 nm for 20 at% Li. Both Debye–Scherrer and Williamson–Hall analyses are in accordance with each other. The micro-strain  $(\varepsilon)$  values were found to be 0.041 for 10 at% Li and 0.096 nm for 20 at% Li, and this parameter was increased about two times with the addition of Li. However, this considerable micro-strain has not been found in other works.

The crystallinity  $(X_C)$  can be estimated by the following relation [18]:

$$X_C = \frac{\sum A_C}{\sum A_C + \sum A_A} \tag{3}$$

where  $\sum A_C$  is the total area under crystal peaks, and  $\sum A_A$  is the total area under amorphous peaks. The  $\sum A_C$  and  $\sum A_A$  values were determined from total area under crystal and amorphous peaks, respectively, of XRD pattern. It was found that the crystallinity ( $X_C$ ) for the samples is increased from 85.3% to 94.4%, while the amorphous ratio ( $X_A$ ) is decreased from 14.7% to 5.6%. The lattice parameters of the samples with trigonal system were calculated to be a=10.693 Å and c=36.569 Å for 10 at% Li, and a=10.340 Å and c=39.103 Å for 20 at% Li. With the addition of Li, a is decreased by about 3%, and c is increased distinctly about 7%. The lattice parameters were changed with the lithium content. Additionally, these values are close to both literature standard values of  $Ca_{10}Li(PO_4)_7$  (a=10.421 Å and c=37.388 Å) and values reported by Song et al. (a=10.403 Å and c=37.307 Å) [28].

Figs. 2 and 3 show DTA curves of the samples at different heating rates 5, 10, 15 and 20 °C min<sup>-1</sup>. Tables 1 and 2 give the peak temperatures and enthalpy values of the samples for different heating rates. As seen in DTA curves of the samples, there is one peak in 10 at% Li, while there are two peaks in 20 at% Li. It is evaluated that the peak in the range of 840-800 °C is related to the crystallization of the samples. But, the first peak in 20 at% Li is due to the starting of crystallization. Two peaks correspond to the crystallization of lithium calcium phosphate. We used the peak in the range of 840-800 °C to evaluate the crystallization mechanism of the samples. For this, the equations of non-isothermal kinetics were used. According to the Johnson-Mehl-Avrami (JMA) theory, the activation energy  $(E_a)$  values of the samples can be calculated by the following Kissinger [29], Ozawa [30] and Boswell [31] equations, respectively:

$$Y = \ln\left(\frac{\beta}{T_P^2}\right) = -\frac{E_a}{RT_P} + \ln\left(\frac{k_o R}{E_a}\right) \tag{4}$$

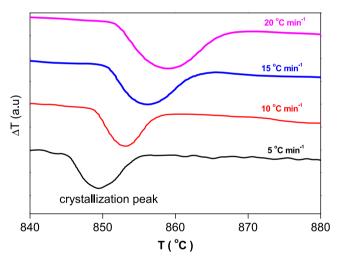


Fig. 2. DTA plots of 10 at% Li sample at different heating rates.

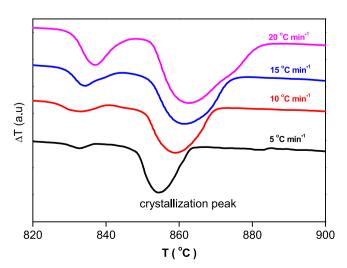


Fig. 3. DTA plots of 20 at% Li sample at different heating rates.

$$Y = ln\beta = -\frac{E_a}{RT_P} + C_1 \tag{5}$$

$$Y = ln\left(\frac{\beta}{T_P}\right) = -\frac{E_a}{RT_P} + C_2 \tag{6}$$

where  $\beta$  is the heating rate, R is the universal gas constant,  $T_p$  is the temperature at maximum peak,  $k_o$  is the pre-exponential frequency factor and  $C_1$  and  $C_2$  are the constants. The activation energies for the samples were calculated from the slopes of  $\ln(\beta/T_P^2)$  vs.  $1/T_P$ ,  $\ln\beta$  vs.  $1/T_P$  and  $\ln(\beta/T_p)$  plots shown in Figs. 4 and 5. According to the Kissinger equation,  $k_o$  can be determined by the intercept of  $\ln(\beta/T_P^2)$  vs.  $1/T_P$  plot. Then, the crystallization rate (k) can be estimated by the

Table 1 DTA data for 10 at% Li sample at various heating rates.

| $\alpha$ (°C min <sup>-1</sup> ) | $T_o$ (°C) | $T_f$ (°C) | $T_p$ (°C) | $\Delta H (J g^{-1})$ |
|----------------------------------|------------|------------|------------|-----------------------|
| 5                                | 845.45     | 854.24     | 849.47     | -20.95                |
| 10                               | 849.05     | 857.12     | 853.06     | -18.64                |
| 15                               | 850.89     | 862.38     | 856.15     | -19.24                |
| 20                               | 852.06     | 866.12     | 858.86     | -17.21                |

Table 2 DTA data for 20 at% Li sample at various heating rates.

| First peak                       |                           |            |            |                                 | Second     | peak       |            |                                 |
|----------------------------------|---------------------------|------------|------------|---------------------------------|------------|------------|------------|---------------------------------|
| $\alpha$ (°C min <sup>-1</sup> ) | <i>T<sub>o</sub></i> (°C) | $T_f$ (°C) | $T_p$ (°C) | $\Delta H$ (J g <sup>-1</sup> ) | $T_o$ (°C) | $T_f$ (°C) | $T_p$ (°C) | $\Delta H$ (J g <sup>-1</sup> ) |
| 5                                | 828.59                    | 836.28     | 832.80     | -2.08                           | 848.66     | 862.81     | 854.33     | -34.49                          |
| 10                               | 826.60                    | 841.20     | 833.00     | -3.67                           | 851.01     | 869.06     | 858.81     | -32.34                          |
| 15                               | 828.87                    | 842.21     | 834.19     | -6.58                           | 851.82     | 873.17     | 861.40     | -36.60                          |
| 20                               | 831.02                    | 843.68     | 837.29     | -9.39                           | 853.08     | 881.36     | 862.68     | -42.76                          |

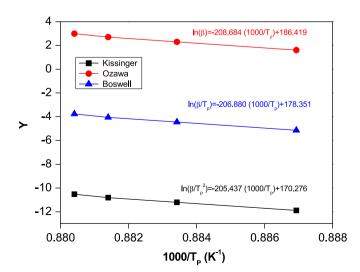


Fig. 4. Kissinger, Ozawa and Boswell plots of 10 at% Li ceramic.

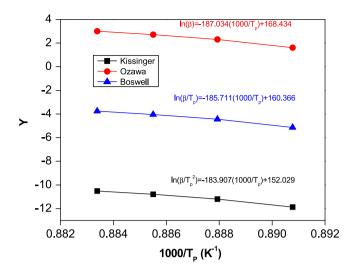


Fig. 5. Kissinger, Ozawa and Boswell plots of 20 at% Li ceramic.

following Arrhenius equation [32]:

$$k = k_o \exp\left(-\frac{E_a}{RT_P}\right) \tag{7}$$

The Avrami exponent (n) can be estimated using the Augis–Bennet equation [33]

$$n = \frac{2.5}{\Delta \tau_{FWHM}} \frac{RT_P^2}{E_a} \tag{8}$$

where  $\Delta \tau_{FWHM}$  is the width of the exothermic peak at the half maximum intensity. The calculated values of the parameters, containing the rate constant, pre-exponential frequency factor, Avrami exponent and activation energy, are summarized in Table 3. As seen in Tables 1–3, the activation energy and enthalpy values of the ceramics are increased with the addition of Li. The activation energy of 10 at% Li calcium phosphate ceramic is higher than that of 20 at% Li calcium phosphate ceramic. This confirms that the crystallization of 10 at% Li calcium phosphate ceramic is easier than that of 20 at% Li calcium phosphate ceramic.

The value of the pre-exponential frequency factor sharply decreases with increasing amount of lithium. The average values of the Avrami exponent are nearly 1, and this result suggests that both the samples have the surface nucleation and one-dimensional growth [34]. The mean values of the rate constant are 1.61 and  $6.46 \, \mathrm{s}^{-1}$  for 10 at% Li and 20 at% Li, respectively. k value is four times increased with the addition of Li. This result implies that the crystallization is increased with the amount of lithium.

FTIR spectra of these samples are illustrated in Fig. 6. The bands belonging to the stretching and bending modes of phosphate groups were observed in the range of 1200–550 cm<sup>-1</sup> [35]. The bands at 3421 and 1614 cm<sup>-1</sup> are originated from adsorbed water [36]. Although the sharpness of the peaks changed with the addition of Li, there is no shift in the peak positions. Moreover, any peak belonging to the carbonate group, which is a common impurity in both natural and synthetic hydroxyapatite, was not detected [37,38].

Table 3

The values calculated from non-isothermal crystallization kinetics.

| Sample α (°C m | $\sin^{-1}) k (s^{-1}$ | $k_o (s^{-1})$        | n    |      | nger $E_a$ Ozawa $(-1)$ (kJ mol $^{-1}$ |      |
|----------------|------------------------|-----------------------|------|------|---|------|
| 10% Li 5       | 0.63                   | $1.83 \times 10^{79}$ | 1.65 | 1708 | 1735                                    | 1720 |
| 10             | 1.12                   |                       | 1.19 |      |   |      |
| 15             | 1.84                   |                       | 1.03 |      |   |      |
| 20             | 2.85                   |                       | 0.83 |      |   |      |
| 20% Li 5       | 2.87                   | $1.95 \times 10^{71}$ | 1.83 | 1529 | 1555                                    | 1544 |
| 10             | 5.48                   |                       | 1.38 |      |   |      |
| 15             | 7.94                   |                       | 1.14 |      |   |      |
| 20             | 9.53                   |                       | 0.92 |      |   |      |

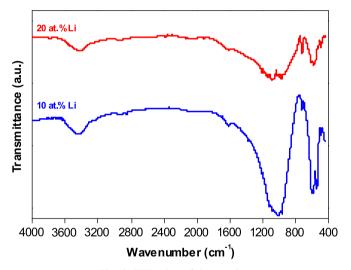


Fig. 6. FTIR plots of the samples.

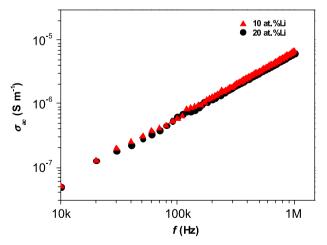


Fig. 7. Plots of  $\sigma_{ac}$  vs. f for the samples.

Fig. 7 shows the plot of the alternating current conductivity ( $\sigma_{ac}$ ), which was calculated from the measured impedance values vs. frequency, and its dependence on frequency can be

expressed as the following relation [39]:

$$\sigma_{ac} = \sigma_{dc} + B\omega^s \tag{9}$$

where  $\sigma_{dc}$  is the direct current conductivity, B is a constant,  $\omega$  is the angular frequency and s is an exponent. The ac conductivity mechanism was analyzed by Eq. (6) and the s value was calculated from the slope of  $\log \sigma_{ac}$  vs.  $\log f$  curve for each sample [40]. The calculated values of s are 1.018 and 1.024 for 10 at% Li and 20 at% Li, respectively, and these are almost equal to 1. This result implies that the hopping motion involves a translational motion with a sudden hopping [41]. Additionally, all the samples exhibit the insulator behavior, due to their high electrical resistances about  $10^{12} \Omega$  [42]. In addition, there is no measurable direct current conductivity  $(\sigma_{dc})$  of all ceramic samples; the s value is close to 1 [43].

The dielectric constant of the ceramic samples was calculated by the following equation:

$$\varepsilon' = \frac{C_p t}{\varepsilon_o A} \tag{10}$$

where  $\varepsilon'$  is the dielectric constant,  $C_p$  is the parallel capacitance, t is the thickness of the sample,  $\varepsilon_o$  is the permittivity of vacuum  $(8.85 \times 10^{-12} \,\mathrm{F \,m^{-1}})$  and A is the area of cross-section of the sample [44]. Fig. 8 shows the plot of dielectric constant of asprepared samples vs. frequency with error bars. The calculated values of  $\varepsilon'$  at 1 kHz are 11.18 and 10.00, for 10 at% Li and 20 at % Li, respectively. As can be seen in Fig. 8, the value of  $\varepsilon'$  shows a small increase with increasing amount of Li. All the  $\varepsilon'$  values are in the range of 10-12, approximately. The dielectric constants of Li doped HAp are much lower than those of Zn and Mg doped HAp [18,44]. This difference is due to the high dielectric polarization ability of the samples with Li content with respect to Zn and Mg doped HAp samples. Also, ionic substitution of Li in the apatite structure increases the dielectrical polarization and in turn, Ca<sub>10</sub>Li (PO<sub>4</sub>)<sub>7</sub> ceramics exhibit low dielectric constant. It is evaluated that the change in dielectric constant of the samples makes a contribution to healing in bone fractures due to the spreading of electromagnetic fields in bone fractures. Thus, the Li doped HAp of low dielectric constant can have an advantage for healing in bone fractures.

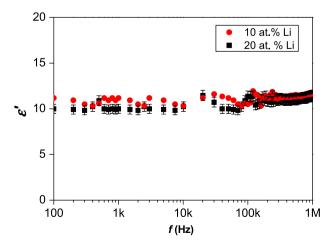


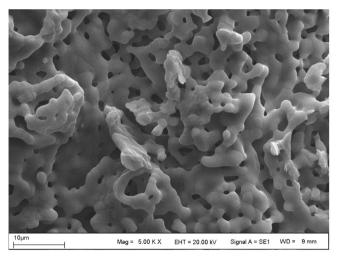
Fig. 8. Plots of  $\varepsilon'$  vs. f for the samples.

The density  $(\rho)$  of the samples was calculated using the Archimedes method [45]

$$\rho = \frac{W_a}{W_a - W_b} \rho_{\ell} \tag{11}$$

where  $W_a$  and  $W_b$  are weights of the sample in air and liquid, respectively.  $\rho_{\ell}$  is the density of the immersion liquid. Distilled water was used as the immersion liquid. The calculated density values of the samples were found to be 3340 and 2630 kg m<sup>-3</sup> for 10 at% Li and 20 at% Li, respectively. The density considerably decreases with the increase of Li concentration in calcium lithium phosphate. As is known, the theoretical value of density of Li at 25 °C is 534 kg m<sup>-3</sup> [46]. Hence, a decrease in the density of sample with increasing amount of lithium is expected. The change in density can be associated with the ionic substitutions originated from lithium in the apatite structure [47], because both the ionic radius and the density of lithium are very small, in comparison to those of calcium [48].

Scanning electron microscope (SEM) pictures and electron dispersive X-ray (EDX) analysis results of the 10 at% Li and 20 at% Li are shown in Figs. 9 and 10, respectively. While the 10 at% Li sample has a fibrous structure similar to those of bone and synthetic HAp, the 20 at% Li sample has non-fibrous structure.



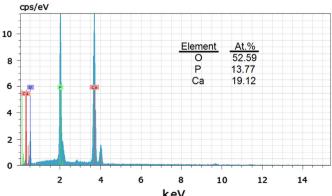
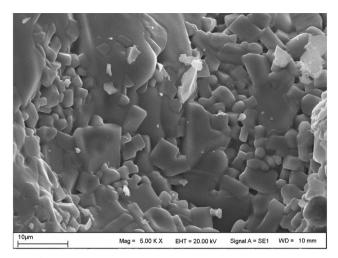


Fig. 9. SEM picture and EDX analysis result of 10 at% Li sample.



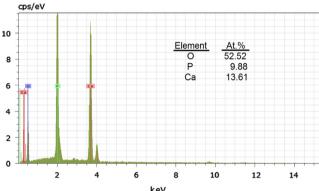


Fig. 10. SEM picture and EDX analysis result of 20 at% Li sample.

The stoichiometric ratio of Ca/P is calculated to be 1.39 and 1.38 for 10 at% Li and 20 at% Li, respectively, and this is due to Ca-deficiency. Lithium cannot be detected by EDX. For 10 at% Li sample, the size of grains appears in the range of 1–5  $\mu m$ , and most of them are about 3  $\mu m$ . The distribution of size of grains for 20 at% Li sample is in the range of 1–25  $\mu m$ , and most of them are about 5  $\mu m$ .

#### 4. Conclusions

The Ca<sub>10</sub>Li(PO<sub>4</sub>)<sub>7</sub> samples were synthesized by the sol–gel method. The crystallite size and crystallinity are increased with increasing amount of lithium. The crystal structure of HAp is transformed from hexagonal to trigonal with the addition of Li. The apatitic structure belonging to HAp was transformed fully to Ca<sub>10</sub>Li(PO<sub>4</sub>)<sub>7</sub> phase. The activation energy and pre-exponential frequency factor significantly decrease with the addition of Li. Both the samples possess surface nucleation and one-dimensional growth since the average values of the Avrami exponent are almost equal to 1. The rate constant increases four times with the addition of Li. The alternating current conductivity increases with increasing frequency. The dielectric constant of the samples was found to be in the range of 10–12. The structural properties of the HAp changed with the addition of lithium.

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